

Sunrise Respite



A caring option at a fraction of the price!

24 Hour on-site care

Stay for a day, a week, a night, a month

- Sunrise is an ageing in place facility with 24/7 care and support
- 3 respite units available
- Considered without ACAT assessment
- Respite stays can be from overnight to 1 month
- Our respite program is only available to the over 55 age group
- Independence with your level of care. It's YOUR life, why not make them YOUR choices?



All we do is Care

What are you waiting for? Pick up the phone & call today!

1300 665 720

www.sunrisesupportedliving.com.au



There's so much more to Sunrise!

107-115 Condon St, Kennington | Call Kaylene Disher 0428 193 552 | 03 5442 6577

biggest winner



LOOKING GOOD: Tania Forster and Caleb Dyett from Shed 7. Photo: ANDREW PERRYMAN

Weight loss style

FOR the first time in its four-year history, Bendigo's Biggest Winner participants have the chance to win a makeover to go with their healthier self.

Business owners of Shed 7 Hairdressing for Men and Coco Hair Lounge in View Street, Nina Bice and Kevin Harding, have donated a makeover for the highest placed male and female after the 12 week health challenge.

"We know how important good health is and the challenge some people will have trying to get in better shape," Nina said.

"We are happy to support their efforts with two offers. We and some of our business colleagues will give a mini-makeover to the highest placed male and female,

including style cut, spray tan and professional makeup, to go with a photo shoot wearing specially selected clothes from a local outlet.

"One of these two will obviously be the winner of the \$1000 first prize as well, so they will be feeling extra special.

"To all participants, we are offering 20 per cent off haircuts, styles and blow waves during the 12 weeks."

Registrations for Bendigo's Biggest Winner are being taken at the UFS Pharmacy View Street until September 13, or earlier if the 250 places are filled.

The cost is \$100, and you get \$50 of that back when you weight out.

Bendigo's Biggest Winner starts in September. Registra-

tion forms are available from www.sjog.org.au/bendigo on the Events page, or from the above organisations.

You can also email info.biggestwinner@sjog.org.au for a form, or phone Bronwyn Wheatley on 5434 3255.

Gym offers roll in

THIS year several local gyms and health and fitness centres have come on board to help Bendigo's Biggest Winner participants.

They include Contours, Fernwood, Feelgood, Bendigo Fitness Centre and N8 Health, who are all offering special deals for the 12 weeks, some free sessions or health talks.

- Advertisement -

This newborn is protected by law...



Unlike the unborn who have no protection through legalised abortion

- EMILY's List is a section of the ALP which works to elect women to parliament
- All EMILY's List candidates like Lisa Chesters, ALP Candidate for Bendigo

must vote in parliament for legalising abortion on demand at any stage www.emilyslist.org.au

VOTE CHESTERS LAST

EVERY ABORTION KILLS A BABY



The Right To Life Australia Inc

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